

# SISTERS, ASSOCIATES AND EMPLOYEES:

**Thank you for donating to the  
Heifer Project International via OPJCC**

**Together, we raised enough money to donate a  
heifer cow, a trio of rabbits and a flock of  
chicks to families in need!**



**Giving an animal to a family  
is like giving someone a small  
business - providing wool, milk,  
eggs and more.**

**Animals can provide families  
a hand up - increasing access  
to medicine, school, food and a  
sustainable livelihood.**



Thanks to our generous SC family, we received enough spare change (and more) to donate gifts of a heifer cow, a trio of rabbits and a flock of chicks to families in need.

A heifer is a young female animal that has never had a calf. A heifer cow is a wonderful gift to give a family as it is usually at the point of being able to become pregnant. Soon, it will produce calves and milk. Milk provides an important source of protein for the whole family. At the same time, a heifer or a cow produces manure that can be used as organic, natural and low-cost fertilizer.

Rabbits are very easy to maintain, as they require little to no medicinal care and subsist on grass, field crop byproducts and refuse from garden plants and kitchen waste. Some families consume the rabbits to improve their nutrition and some families sell the nutrient-rich manure to crop farmers as fertilizer.

Chickens help farm production by eating insects, removing weeds and even fertilizing crops. In addition to providing protein-rich food for the family, the eggs and poultry can also be taken to market and sold.

The families that will benefit from our support will agree to pass on (donate) the same number of animals, generally the offspring of their own livestock, as well as training and support to another family in need. This practice, at minimum, doubles the impact of the original gift, transforming a once impoverished family into full participants who improve and strengthen the bonds within their communities.

Thank you Sisters, Associates, employees and friends for making our donation of a heifer cow, a trio of rabbits and a flock of chicks possible!

